



REAL
PRODUCTS
SPARK
WONDER



COLD PRESSED
**MACADAMIA
OIL**

**Unique Selling Point:
A versatile oil that
offers a healthier
alternative.**

PRICING:



750ML

PRICE (Ex
VAT)

750ML -
R125

PRICE
(Including
VAT)

R143,75

RRP

R190

PRICING:

PRICE (Ex VAT)

500ML - R65

**PRICE
(Including VAT)**

R74,75

RRP

R99



500ML



HIGH SMOKE POINT

Macadamia oil smoke point is between 210C & 234C (an oils smoke point is the temperature at which it sends up smoke & gives your food and unpleasant bitter taste)

HIGH MONOSATURATED FAT CONTENT

Macadamia oil has the highest monosaturated oil (80%). These are good fats & have been shown to lower cholesterol levels & help your body burn fat easily

EXTREMELY VERSATILE

Its smooth, nutty buttery flavour can be used for roasting, baking, frying and dressing over a salad.



KING OF THE KITCHEN



MACADAMIA CAKE

Mac Oil has the perfect balance of omega 3:6 ratio. making it useful for any disease that is inflammatory in nature such as arthritis and cardiovascular disease.



SUGAR FREE

SODIUM FREE

VEGAN

CHOLESTEROL FREE

VITAMIN E

ADDITIONAL USES:

Macadamia oil is great for your skin and hair. As its a light carrier oil, not leaving a oily residue on your skin. Smooths and shines your hair.

HEALTH BENEFITS OF MACADAMIA NUTS

SUPERFOOD

A nutrient-rich food.

Vitamins/minerals, antioxidants & phytonutrients combined with good fats make them a 'superfood'.

Help us stay full for a long time without causing a spike in blood sugar.

Help us absorb fat-soluble vitamins.

GOOD FAT

Rich in monounsaturated fatty acids (MUFAs) - higher than any other tree nut. Omega 7 & Omega 9 which is known to reduce inflammation, Improve heart function through lowering of 'bad cholesterol' levels.

Polyunsaturated fatty acids (PUFAs) in the form of Omega 3 & Omega 6 humans need both however we typically over consume omega 6. The ratio 6:1 found in macadamias is known to be an ideal balance for optimal health.

INFLAMMATION

Helps reduce inflammation through the presence of good fats with a favourable ratio of omega-3 and omega-6 & an array of vitamins and minerals.

Consumption of mac nuts help address inflammation related issues - digestive, brain & heart.

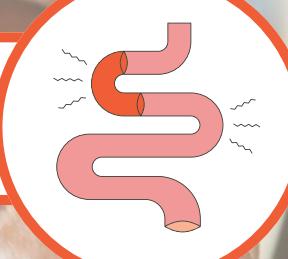
Brain Function



Heart Health



Gut Health



ADDITIONAL INFO

Blinkwater Moon PTY LTD

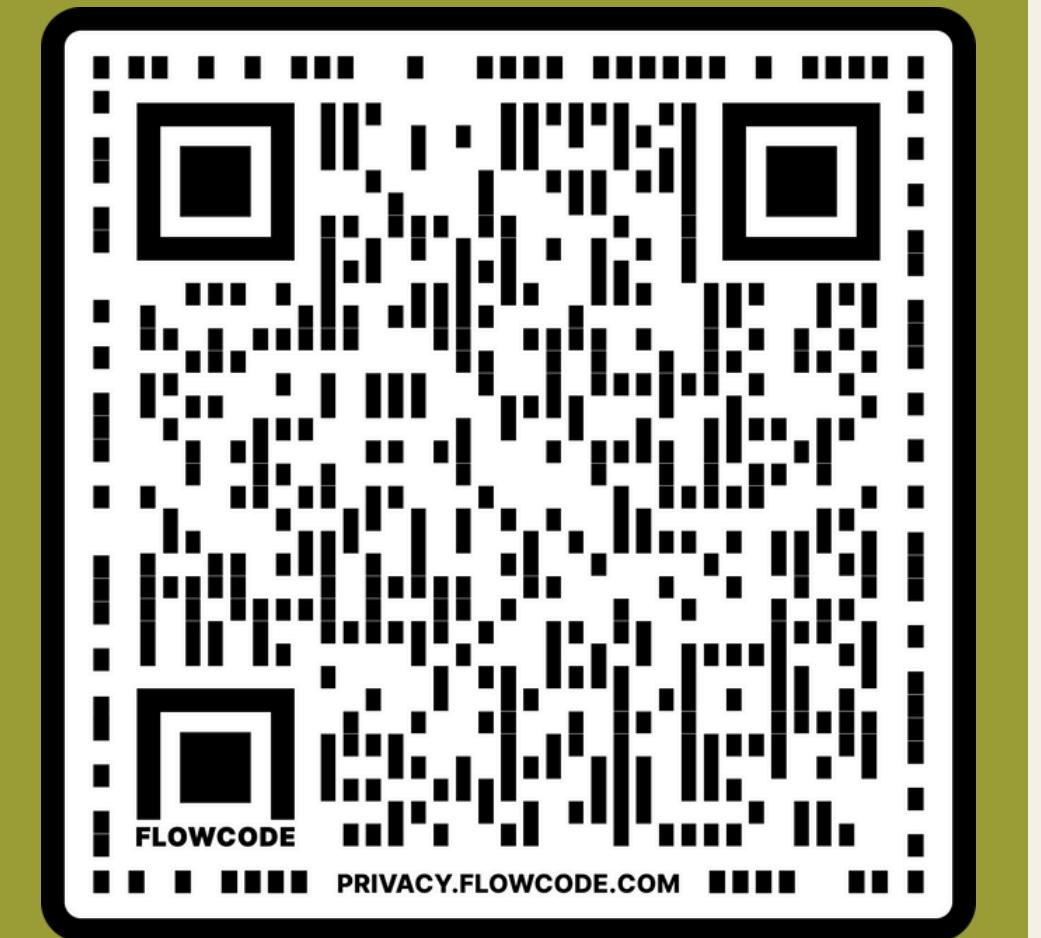
VAT NO: 4490315613

Unit B308 Simbithi Office
Park, Salt Rock, 4390

LINKS:

www.blinkwatermoon.com

[blinkwater_moon](https://www.instagram.com/blinkwater_moon/)



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WEBSITE**