So, February is Month of Love

This is the next article in a series on how behavioural economics and 'being human' affects your business.

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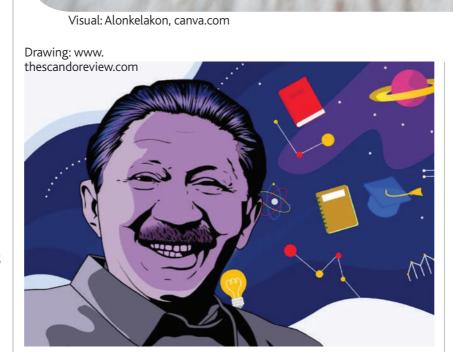
As I sit now in my mid-sixties, I'm not so comfortable with having romance and passion relentlessly assaulting me around every corner. Quite frankly, as I sit at home in my Crocs (which must be one of the greatest turn-off for women ever invented), I'd much prefer to watch a documentary in my tracksuit and fall asleep on the couch than go out for a romantic dinner. The idea of billions being spent on cards, flowers and chocolates transforms me into a self-conscious (albeit guilty) hermit-husband who finds the idea of Valentine's Day awfully cringeworthy.

And it probably explains why I love this little Valentine's Day poem ...



Visual: Ivan Mikhaylov, canva.com

Roses are red, violets are blue, sugar is sweet, and so are you. But the roses are wilting, the violets are dead, the sugar bowl's empty, and diabetes has spread.



Maslow's Hierarchy of Needs

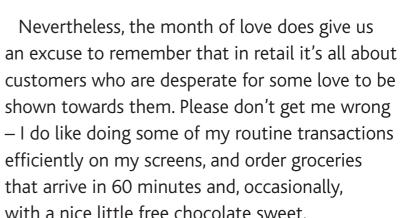
It is a psychological theory about what drives human behaviour and what makes humans feel fulfilled.

It represents five key human needs that people must meet in order to achieve well-being.

They are ...

Physiological needs (such as food and water)
Safety needs (security and stability)
Love and belonging (relationships, feeling accepted)
Esteem needs (self-confidence and respect)
Self-actualisation (reaching one's potential).

Definition courtesy of www.medicalnewstoday.com/



SAFETY & SECURITY

Caricature: Gary Brown,

www.sciencephoto.com

But on the whole, customers' most basic psychological needs are sorely neglected in the pursuit of efficiency. A few decades ago we had Abraham Maslow's Hierarchy of Needs that described how once our basic physical needs for food, shelter and safety were met, we felt a deep longing to love and be loved.







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DELIGHT YOUR CUSTOMERS

More recently, in the work by David Rock on his SCARF Model, we've been able to tap into the human emotional needs that motivate us to buy. SCARF stands for status, certainty, autonomy, relatedness (or, as I prefer, relationships and love) and fairness. We'll look at certainty, autonomy and fairness in another article, but for this one I want to focus on relatedness, and how the sense of being wanted and loved also boosts customers' status.

Rock defined relatedness as our ability to connect with others. When it's missing, it leaves your customers feeling lonely, uncertain and isolated, and leads directly to a lack of willingness to transact with you and your business. But when we connect with others we are rewarded with an instant rush of oxytocin, the so-called 'love hormone', that makes us feel less vulnerable, more trusting and, well ... loved. Your job is to maximise that because it makes your customers more willing to buy.

So actually I love Valentine's Day, because it gives us all an excuse to show other people – and customers in particular – that we care. Even people who share no romantic connection can use this day to be kind and helpful, to smile a little bit more, to reach out to other human beings – even at the risk of spending a bit of money or being a little bit silly.

My friend Greg's wife gave birth on Valentine's Day last year and, after all the excitement was over, he asked the nurse for a headache pill for himself. She said just because his baby was so beautiful and because it was Valentine's Day she would give him a neck massage.



Dr David Rock, Co-Founder and Chief Executive Officer, NeuroLeadership Institute

Illustration: www. psychologytoday.com





The SCARF Model

Much of our motivation driving social behaviour is governed by an overarching organising principle of minimising threat and maximising reward, and social needs are treated in the brain in much of the same way as our need for food and water.

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On a recent visit with my specialist surgeon, it was all very efficient and businesslike, just like you'd expect any doctor's visit to be, but then right at the end of the consultation he said, "Aki, last time you were here you had a bit of a problem with your swollen legs. Let's take a quick look at that now." All it took was 90 seconds extra, but I left there on an absolute high.

One year in while working and holidaying in Mauritius, the waiter at the resort came to share information with us about the weather and the temperature of the ocean water and the swimming pool every day as he poured coffee and cleared plates during breakfast. But on Valentine's Day he recited some romantic poems for all of the ladies. They loved it.

At the same hotel, a laundry worker wrote a small note complimenting me on the fine fabric of my suit and the elegance of my ties. The note was pinned gently to the clothes before they were hung back in our cupboards. Memorable moments indeed!

Visual: Cristina Gorski, canva.com

So what are the lessons?

 To offer the spirit of loving service, look beyond your customer's requests to identify their true desires and turn-ons. What you can offer may be different, and more effective, than what they have requested. Listen for unspoken needs, not just spoken words.







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DELIGHT YOUR CUSTOMERS

- What is 'your thing'? Is it the personal note you attach to customer's packages? Is it the enthusiastic tone in your voice on the phone? Is it your pride in teaching customers or colleagues something new? Is it as simple as the colourful clothes you wear, the newspaper articles or jokes that you share with others, or your passion for indoor plants that makes the people around you marvel at who you are?
 Or perhaps it's the fact that you pay them simple little compliments that make them smile.
- If all else fails, how about saying something like, "Nice to see you again." (In 90% of cases you will probably be right and, even if you are wrong, and they have never seen you before, they will still appreciate the effort.)

SECURITY EXPO

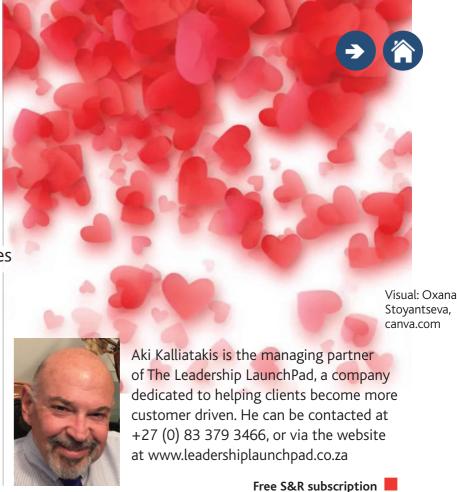
INDUSTRIES

 Whatever it is that turns you on, find and do your own thing. Then take it one step further.
 Turn 'your thing' into something special

 to the advantage and enjoyment of others and make them smile.

The difference between the people in the examples I've shared and the rest of us is that they love their customers and, now that you've read about them, why don't you use this Valentine's Day as an excuse to start doing something special for your customers? They will be overwhelmed by your kindness, instantly become a supporter ... and will never forget what you did to make them feel special. **SR**

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